

“Make the impossible possible, the possible easy, and the easy elegant.”

– Moshe Feldenkrais

Functional Integration Sessions

Functional Integration sessions are beneficial for everyone! These gentle, hands-on individual sessions are tailored to your personal needs and interests.

Clinical Director: \$195

Marek Wyszynski

Senior Practitioners: \$165

*Valerie Grant, Mark Hirschfield,
Margot Schaal, Kasia Wyszynski*

Senior Practitioner

6 Session Package: \$930*

**Expires six months from date of purchase*

Staff Practitioners: \$140

*Suzanne Ausnit, Janin Gunderman,
Dorota Puchala*

Staff Practitioner

6 Session Package: \$780*

**Expires six months from date of purchase*

Staff Practitioner

New Client 6 Session Special: \$702*

(10% off the 6 Session Package)

**must be purchased at client's first session*

**All 6 sessions must be used within one month*

Physical Therapy

Our licensed physical therapists are also Guild Certified Feldenkrais Practitioners.

Initial Consultation: \$235

Regular Sessions: \$210

Please note: We are out of network for all providers

Awareness Through Movement Classes

Drop-Ins: \$25* • 10 Class Card: \$220**

**10% discount for online registration*

***Class cards expire six months from date of purchase*

Community Classes: donation-based

Sponsored by the Feldenkrais Foundation

(\$10 suggested)

3 hour Public Workshops

Pricing: \$65*

**10% discount for online registration*

4.5 hour Public Workshops

Pricing: \$100*

**10% discount for online registration*