The Feldenkrais® Institute of New York

Services & Membership

Feldenkrais Exercise Classes (Awareness Through Movement®)				
SERVICE:	FEE:	BENEFITS:		
Single class	\$25	Second class is complimentary, valid for 1 month		
6 Class Card	\$125	\$25 Savings, valid for 2 months		
12 Class Card	\$225	\$75 Savings, valid for 4 months		
Private Class	\$135 - \$150	Designed for you, recorded for your future use		

Individual Treatment Sessions (Functional Integration®)				
SERVICE:	FEE:	BENEFITS:		
Single Session	\$135 - \$150	1 hour personalized <i>Feldenkrais</i> session		
First Session	\$160 - \$175	1.5 hour appointment including an evaluation		
3 Session Series	\$380 - \$425	Pre-paid, \$25 savings, valid for one year		
6 Session Series	\$730 - 810	Pre-paid, \$80 - \$90 savings, valid for one year		
Rates for services vary depending on years of experience of the practitioner.				

Monthly Membership		
SERVICE:	FEE:	BENEFITS:
Membership	\$210 \$25 Registration	One-time registration fee
Unlimited Classes	Included	Access to 18 classes per week
One Individual Session	Included	Complimentary monthly session
Additional Individual Sessions	\$110 - \$120	20% savings
Workshops (3 hours)	\$30	Over 50% savings on 3-hour workshops
Feldenkrais Materials	Prices vary	15% savings on Books and Audio Programs



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Membership

Contact Informati	on		
Name:			Date of Birth:
Address:			Home Phone:
City:	State:	Zip:	Cell Phone:
E-mail:			
Payment Method			
[] Mastercard® [] \\ First Month: One-time \(\)			Amount to be charged: \$210 Monthly
We will store your credi	t card information secure	ely unless you re	equest otherwise.
	New York to charge my	•	nd policies. I hereby authorize The ed upon the service selected and

Membership Rules & Policies:

Memberships automatically renew each month and are ongoing. Cancellations must be received 30 days in advance. Planning to be away for an extended period of time? Just give us 1 week's notice, and we'll temporarily suspend your membership. **Limited to 2 suspensions per year.**

To sign up for Workshops & Classes:

- Please either drop by the Feldenkrais Institute, or call: 212-727-1014
- · Visit us and register online at: www.FeldenkraisInstitute.com

To become a Member:

• Please call 212-727-1014, bring or mail this form to The Feldenkrais Institute of New York

